

TRUST

explain limitations

CONFIDENTIAL

DROP IN CENTRE

BROOKS

Let's think about how to have a conversation

SCHOOL

DOCTORS

BACK OF TOILET DOORS.

EDUCATION & TRAINING

BODY LANGUAGE

Make it comfortable as possible

UNDERSTAND BUT CONSTANTLY LEARNING!

"Can't talk with EVERYONE"

Sometimes YOUNG PEOPLE DON'T HAVE THE CONFIDENCE

TAKE CARE OF YOURSELF

CONFIDENCE

DIFFERENT AGES

MIGHT TAKE A LONG TIME

How TO STAY SAFE

Build a relationship

Tell them you are feeling WORRIED

NEED TO COME TO THEM

LISTEN

What young people say:

Don't just think about what you want to ask us, also think about how you are letting us think you are someone we can talk to.



Think about ways you can tell us it's okay to talk, by using posters and information on the back of toilet doors to let us know we can tell you our thoughts.

Think about ways you can build up a relationship with us, so we feel comfortable with you. Turn towards us and smile – it always helps.

It might take us a while to tell you what we're worried about, let us know that's okay and if we can't talk today we can find someone when we're ready. Tell us how to do that.



HEART



(DRINK BIDN HOLE!)



WHO IS THE **TEAM**

??
ADULTS

INSIDE A GLASS BOTTLE



ACCEPTING YOU NEED HELP

DON'T HOLD IN YOUR THOUGHTS OR EMOTIONS

MASK (SEEM HAPPY) but hiding the truth

YOUNG CHILD HOLDING THE WORLD



THERE IS A WAY TO GET **OUT!**

OUTSTRETCHED HAND

TELL PEOPLE WHO THEY REALLY ARE!

HELP EACH OTHER TALK TO EACH OTHER

CONVERSATIONS

POSITIVE

TEAM

TEAM OF WORK PEOPLE HELPING OUT!

What young people say:

Treat us as equals and respect who we are.

Have a conversation with us, don't treat it like an interview.

Even if we seem happy, that doesn't mean we are, always ask if there is anything we want to talk about and tell us it's okay to talk.

If something about us, worries you, don't just think about it, ask us a direct question, (don't go around the issue) it might be just what we need so we can tell you what we're thinking.

Think about ways we can find solutions, where we can get help, who we can work with.
See us as part of the solution.

