

YOUNG ONSET DEMENTIA

Are you under 65?

You may like to read this before the other information in this pack

This leaflet provides initial information about help that is available both locally & nationally to support you to live well with dementia.

Living well means different things to different people.

This leaflet has been put together by people affected by dementia earlier on in their lives.



There are many organisations in Salford who can help you and your family



Don't be frightened to ask for help



I thought I couldn't cope, but with this support I can

What's inside?

Page 1: Introduction & meet people living with dementia

Page 2: Local contacts in Salford

Page 3: National support organisations for Young Onset Dementia

Page 4: Online contacts and other organisations

LOCAL CONTACTS



Age UK Salford is the local branch of Age UK and may have been mentioned to you at Woodlands Hospital. They have many activities including Mount Chapel Champions, a group dedicated to people living with young onset dementia.

Contact details: 0161 788 7300
Clifton Green Centre, The Green, Swinton M27 8QL
www.ageuk.org.uk/salford/about-us/contact-us/



The University of Salford has a **Dementia Hub** with activities and opportunities to be involved with including research and student education.

Contact details: 0161 295 2363

Salford Institute for Dementia

Dementia Hub, University of Salford, Allerton Courtyard, Frederick Rd, Salford M6 6PU

www.salford.ac.uk/salford-institute-for-dementia



Aspire for Intelligent Care & Support are a not for profit Community Interest Company providing person centred support services in Salford.

Contact details: 0161 607 7101
Humphrey Booth Resource Centre
16-18 Worsley Rd., Swinton M27 5WW
www.iamaspire.org.uk

NATIONAL CONTACTS



YoungDementia UK

www.youngdementiauk.org

YoungDementia UK's website shares information and personal stories covering all aspects of life with young onset dementia. The Find Support section includes a nationwide listing of young onset support groups and services. They send out regular newsletters and are active on Twitter & Facebook.



Rare Dementia Support

www.raredementiasupport.org

Rare Dementia Support run specialist support services for individuals living with, or affected by a rare dementia diagnoses. They provide regular support group meetings, newsletters, information and advice by telephone and online.



Young Dementia Network

www.youngdementiauk.org/young-dementia-network

The Young Dementia Network is a community of people living with young onset dementia their family and friends, and professionals who work in dementia and social care.



Dementia UK

www.dementiauk.org

The Admiral Nurse Dementia Helpline (0800 888 6678) offers practical and emotional support around young onset dementia, whilst their community based Admiral Nurses provide one-to-one specialist dementia support to families.

OTHER RESOURCES

Why not read what other people out there living with young onset dementia/dementia are talking about online?

People living with dementia on social media:



Wendy Mitchell
@WendyPMitchell

Kate Swaffer
@KateSwaffer

Tommy Dunne
@TommyTommyTee18

Chris Roberts
@Mason4233

Howard Gordon
@HowardGordon54

Derek Fisher
@DerekFisher2907

Organisations:

Alzheimer's Society

www.alzheimers.org.uk

0161 962 4769

trafford@alzheimers.org.uk



D.E.E.P

www.dementiavoices.org.uk

01392 420076

Rachael@myid.org.uk



Open Doors Dementia Service

cath.riley@gmmh.nhs.uk

0161 358 2189

www.dementiavoices.org.uk/group/open-doors-project



T.I.D.E

www.tide.uk.net

0151 237 2669

carers@tide.uk.net

