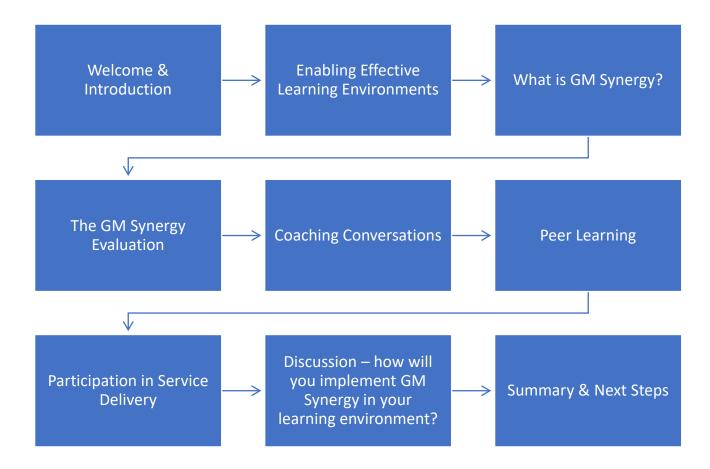
# **Every Synergy** Learning with and from each other

### GM Synergy Launch Live Event Wednesday 21st October 2020

Learning with and from each other

## Welcome!

## Structure for the afternoon;



Please switch off your video and mute your microphone unless you are speaking

This session will be recorded



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#### ENABLING EFFECTIVE LEARNING ENVIRONMENTS

Karen Heggs – GM EELE Project Lead Caroline Williams – GM PMO Project Manager Alice Thornton – GM EELE Project Support Officer

> **NHS** Health Education England

#### Enabling Effective Learning Environments: The Background

- In September 2019 Health Education England (HEE) outlined, in their Quality Strategy, a need for improved clinical placement education systems where healthcare education and training is well-led, effectively managed and provides supportive learning environments
- Links between enabling high quality learning environments, ensuring sufficient capacity and future workforce supply with the knowledge, skills, values and behaviours to deliver the highest quality patient care is a key strategic priority
- GM was allocated £375,000, to be used across all healthcare professions with the agreement to plan and deliver the following core elements of Enabling Effective Learning Environments;
- Development of a Clinical Placement Strategy
- Supporting Educator Faculty Development
- Innovation in Practice Supervision
- Preparing for Future Nurse and Standards for student supervision and assessment
- The delivery of the core elements of EELE is in progress in GM, through the formation of a number of working groups and sub-groups, the work of which will cumulate in the GM EELE Health and Social Care Learning Environment Strategy

### EELE

#### The aims of the GM Health and Social Care Learning Environment Strategy

The strategy aims to steer the future of practice education and practice learning by:

- Scoping where we are now and where we need to be going forward
- Increasing collaborative working between HEIs, Placement Providers and Learners to improve the practice learning experiences for all learners embarking into healthcare professions
- Creating a virtuous cycle whereby better learning experiences will lead to learners wishing to complete their programme of study, qualify as registrants and are adequately prepared to remain part of the future healthcare workforce
- Establishing improved systematic processes which will expand capacity across GM whilst maintain quality through new innovative models of working
- Supporting the development of an **GM infrastructure which values the purpose practice education** and is committed to developing educators
- Facilitating an organisational culture change which embraces practice education and practice learning, empowering all who play their part

Shaping the future by changing the culture to enable effective learning environments

An **improved learning culture** which is conducive to healthcare learners having the best possible experiences on their journey to becoming the healthcare registrants of the future

More collaboration and integration

A chance to model better ways of working

Changing terminology and language

Learner preparedness

"Culture change"

Fewer last minute panics

**Developing capacity through different means** 

Encouraging flexible working

Interprofessional learning experiences

More open-mindedness about care settings

Learners taking responsibility for their own learning

Creativity within an agreed framework and objectives

More effective capacity management

Care providers valuing what students/learners can bring

#### Step 1 : Changing the language we use

#### Placement

Identifying an appropriate learning environment for the learner to attend and the **act of allocation** of the learner to the learning environment

#### **Learning Environment**

A space for learners to **enhance their knowledge, skills and values**. The learning environments **supports the achievement of educational outcomes** and enables the design, development and delivery of person centred care

#### Learning Experience

Facilitated by appropriate placement and a positive learning environment, this is enhanced and supported by supervision and learner engagement

#### Learners

Any person who is learning in a learning environment

#### **Educators**

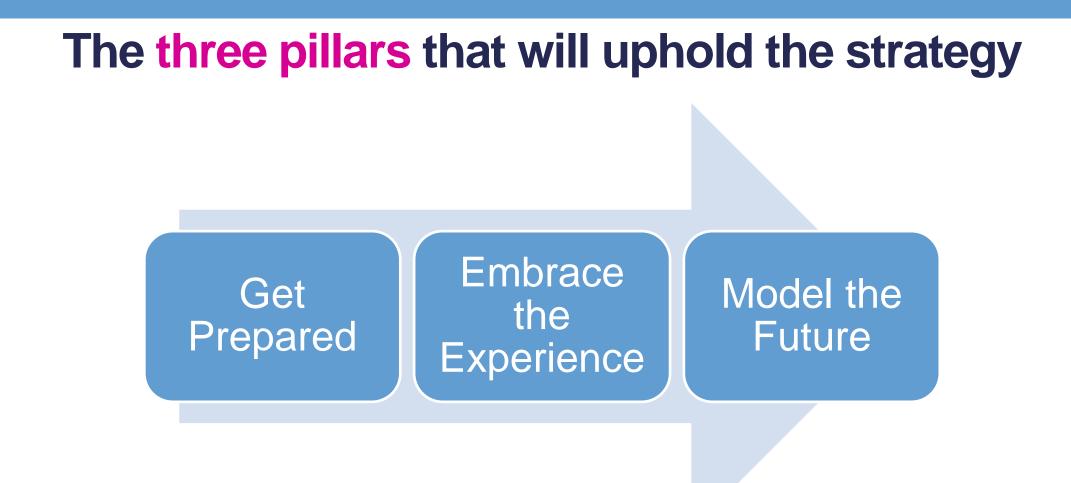
Any person who provides supports and facilitates learning in a learning environment

#### **Practice Education**

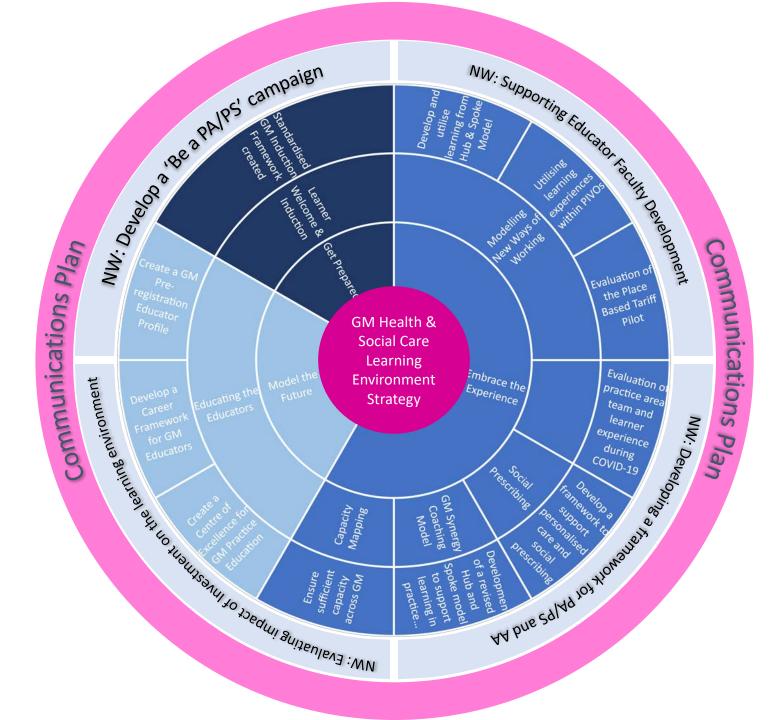
The facilitation of a learning episode which meet the objectives / proficiencies the learner is required to meet Practice

#### **Practice Learning**

The learning that takes place in a practice learning environment



Work in progress to inform the strategy...



### Roles and Responsibilities of the EELE stakeholders

	Role	Responsibilities
AEI	The AEI will sanction use of innovation as part of the strategy to widen experiences linking theory and practice curriculums.	<ul> <li>To empower students to take ownership of their own learning</li> <li>To encourage Health and social care integration</li> <li>To influence potential curriculum changes</li> <li>To Quality control of new learning environments within capacity planning</li> <li>To promote students in pursuing personal areas of interest placements which may impact on career choices</li> <li>To influence policy revision where required</li> <li>To prepare the students' for their learning experiences</li> </ul>
PEFS	To lead and embed the strategy within multi-professional practice curriculums	<ul> <li>To empower students to take ownership of their own practice learning pathways</li> <li>To provide a communication strategy with HEIs / PA/PS as to the effective use of the strategy</li> <li>To influence the improved capacity utilisation</li> <li>To enable students to pursue personal areas of interest which may impact on recruitment</li> <li>To embed this new approach into clinical practice and lead the way forward</li> <li>To assist with the quality control of new learning environments</li> </ul>
Supervisors and Assessors in Practice	To ensure that all learners are suitably supervised and assessed to meet their learning outcomes within an effective learning environment	<ul> <li>To empower students to take ownership of their own learning</li> <li>To provide more opportunities for students to learn in different ways</li> <li>For registered practitioners to work together more closely with shared responsibility and interest in student learning</li> <li>To look beyond traditional placement models</li> <li>To monitor attendance and completion of expected learning outcomes</li> </ul>
Learner	To complete required learning objectives and proficiencies in order to become a registered practitioner	<ul> <li>To Lead their own learning &amp; remain engaged</li> <li>To develop confidence, organisational and communication skills when arranging learning experiences</li> <li>To complete their programme with a wide breadth of exposures to health &amp; social care</li> </ul>
Wider Healthcare Teams	To understand that healthcare education is everybody's business	<ul> <li>Foster a culture which welcomes students into the team</li> <li>A respect for the contribution all learners make to service delivery</li> <li>To be a part of the students learning experience as appropriate</li> </ul>

Reflect on your own experiences: how will you and your team enable effective learning environments?

#### Make a pledge today to ... ???



Welcome the learner and support them to feel part of the team

Encourage the learner to lead their own learning

Provide innovative learning opportunities

Value the contribution learners make to service delivery

*View learners as future colleagues* 

Become an EELE champion and lead the way for the implementation of the strategy

## How can you become involved in EELE?

- The GM Health and Social Care Learning Environment Strategy consultation will commence in November 2020
- If you wish to be involved in the consultation process, or find out more, please contact <u>alice.thornton2@mft.nhs.uk</u>
- The strategy will be launched prior to March 2021
- Embrace the strategy and inform your colleagues .....

# **Every Synergy** Learning with and from each other

## What is GM Synergy?

Lisa Littlewood, Director of Placements University of Salford





Based on the principles of the University of East Anglia's Collaborative Learning in Practice (CLiP) placement model as recommended in the Shape of caring review HEE (2015)

## It all started back in 2016...



A city-wide approach - 4 Universities and 4 NHS Trusts



Preparation for NMC new pre-registration standards

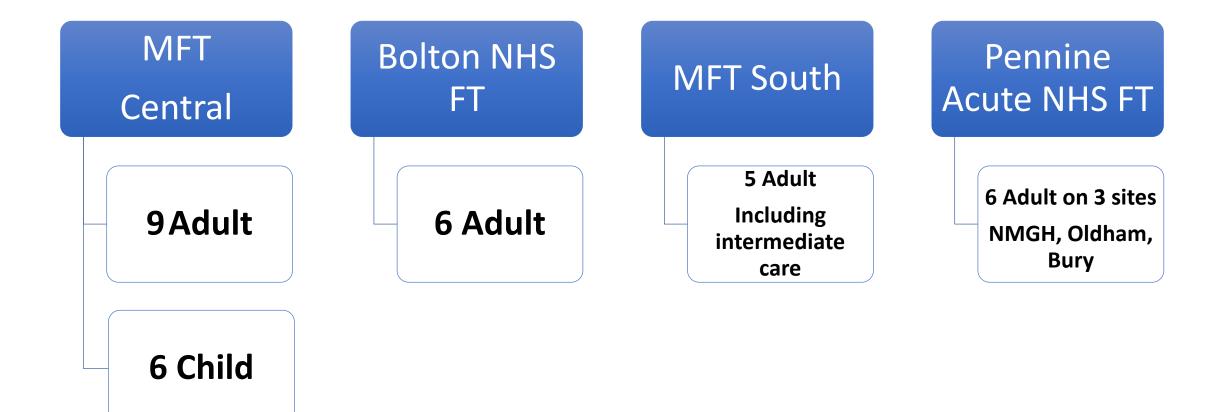
Learning with and from each other

#### Students are coached and peer learning is embraced

- Clinical Coaching support and support from mentor
- Learners will lead on care of service users
- Emphasis on the learner to identify their learning needs
- Assessment will be informed by the mentor and feedback from coaches
- Learners will be responsible to complete relevant learning logs reflections to support assessment.
- Greater opportunity for peer learning sharing knowledge under the guidance of their coaches.
- The focus is on holistic care moving away from task orientation
- The coach has overall responsibility for the student caseload but must not have additional patient caseload.



## A capacity increase of over <u>200</u> in the first 12 months



How it worked in practice 'ideal' model

- 8 patients in a bay
- 3 students per shift
- 1 registered nurse

3<sup>rd</sup> year leads and allocates care

1<sup>st</sup> year provides holistic care for 1 - 2 patients

2<sup>nd</sup> year provides care for more / more complex patients

Registered nurse has oversight and provides coaching for all students

Learning with and from each other

Where we are now

## Coaching conversations

 HEE funded evaluation has led to a refresh of the GM Synergy model

## Peer Learning

• We now have 3 Key Principles Participation in service delivery

Learning with and from each other

No service is too specialist or caseload too complex for quality student learning

The key is to identify and unlock the learning opportunities within them

All areas should be able to follow the GM Synergy principles



Students are entering a 'new world/a new normal' so we need to educate them with a view for the future and not what's gone before/what has always been done.



We need to ensure the future workforce is flexible/adaptable/forward-thinking/agile/resilient and these skills alongside the core skills can be developed in a variety of ways.

# **Every Synergy** Learning with and from each other

## GM Synergy Evaluation

Professor Jaqueline Leigh, University of Salford



### Evaluation

#### Aims

- To critically explore the experiences and impact on the clinical leadership development of undergraduate nursing students' when undertaking a clinical practice from within a placement that adopts GM-Synergy Model from multiple stakeholder perspectives (GM–Synergy Model development team, students, coach, practice education facilitator, university link lecturer, mentor).
- Provide the evidence of what works well or not so well and what can be transferred to enable a consistent
  approach to GM-Synergy delivery, capability, capacity and sustainability

#### Methodology

1. Online questionnaire

2. Focus Group/ one to one Interview : students, coach, mentor, (pre SSSA standards), Practice Education Facilitator (PEF), Manager, GM Synergy Steering Group, University Link Lecturer (ULL)

Nursing and Midwifery

**Participating organisations:** 

- Manchester University NHS Foundation Trust
- Northern Care Alliance NHS Group
- Bolton NHS Foundation Trust
- 4 GM HEIs

- 1. Challenge
- 2. Proposed Improvement
- 3. Recommendation to GM Synergy Steering Group

## **GMSynergy** Online Questionnaire & Focus Group

Nursing In total 231 questionnaires were completed: 179 Student Post Placement Questionnaires, 36 Coach Questionnaires, 11 PEF Questionnaires, 5 ULL Questionnaires

Midwifery questionnaire completion: 14 student pre-placement questionnaire, 24 post-placement questionnaire

21 focus groups: students, coach, mentor, (pre SSSA standards), Practice Education Facilitator (PEF), Manager, GM Synergy Steering Group, ULL, Lead Midwives

Theme	Subthemes (where applicable)
Preparedness	Induction; ongoing support and guidance; GM Synergy roles; the role of the coach; and role of PEF champion
Clarity of concept	Awareness
Delivery	Delivery models; student numbers and skill mix; and capacity
Peer support and peer learning	Collaborative and facilitative learning; and equity of learning opportunities



## Focus Group Themes

#### Preparedness

- "We had a whole lecture before and then a few weeks later all the students that actually were on a Synergy placement were called into uni to speak to one of the lecturers" (student)
- "You need that training of the staff and you need the buy in from them." (PEF).
- "We'd done all that training and then god knows what the staff turnover was in that time before they actually came to do it again" (Coach)

#### **Clarity of Concept**

"If you're looking at capacity and it's seen about getting numbers in, it then seen as bums on seats and whenever that dialogue happens, people assume that there's **no quality initiative behind it**" (PEF)

### **GMSynergy** Focus Group Themes

#### Peer support and peer learning

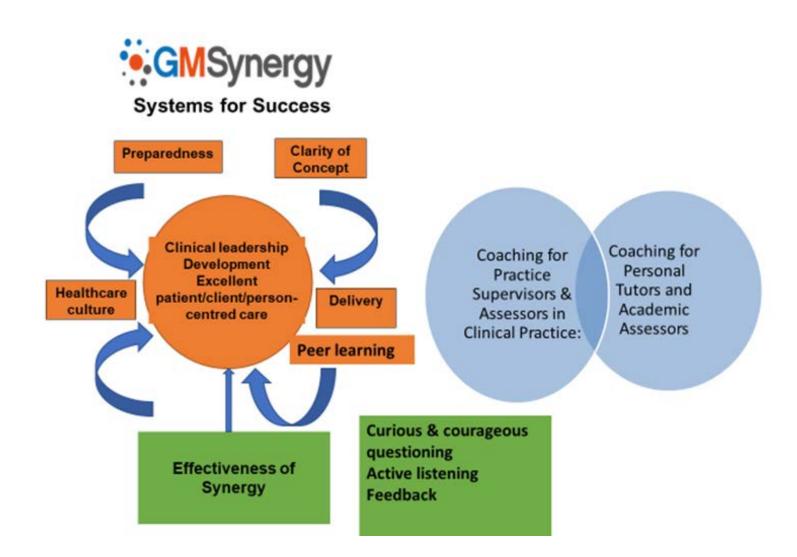
- *"It gives you confidence and independence. And it helps you learn about your patient. To be able to explain to somebody else what is wrong with that patient and why" (Student).*
- "I realised that, as an adult student, there are some young [junior] students who feel like they're not sure. Because placement is very stressful, but when you have your fellow students there and you support each other, that's really helpful." (Student). )

"The third years panic, because they are almost peer mentoring the second years and the first years...we **need a** coaching, critical thinking curriculum...there's no students teaching students in the curriculum" (ULL) "Sometimes there might be that many of them [student nurses] and it is literally trying to find something for them to do, so they're not just standing around kind of doing nothing or not having any direction." (Staff Nurse). Healthcare Culture

"I had a very lovely Ward Manager, she was brilliant, so she made it easy. She was **positive minded, a positive minded person** whereby even if the nurses were doubting how they were going to handle the students, she would say, 'No, we can do it, we're doing it brilliantly.' So, she had **that kind of vibe**, which made it a bit easier." (Student).

"The number of things that people have been asked to do daily is just a bucket full, and Synergy's just been dropped in that bucket ...ward manager's really interested in **another initiative, it's that initiative they're going to push** and not so much give the resources or the time that's needed initially to set up and to sustain that" (PEF).

## **GM Synergy Coaching Model**





Challenges

- 1. To provide Synergy stakeholders with clarity of concept of GM Synergycapacity or clinical leadership development or both
- 2. Preparation of stakeholders for coaching (students, practice staff and academics)
- 3. Curricula approach that prepares students for their peer support and learning role, working with the NMC Code
- 4. Implementation of strategies that motivate the practice placement team about the model
- 5. The number of students on placement
- 6. The day to day role of the PEF Champion
- 7. Provide ongoing support for Clinical Coaches and PEF Champions

# **Every Synergy** Learning with and from each other

### Having Coaching Conversations Jean Mason Mitchell, UoS, Trish Morgan, UoS, Andi Surtees, NCA



#### **GM Coaching Framework**

#### **Novice to Registered Practitioner Journey**



# **Every Synergy** Learning with and from each other

## Peer Learning

Lisa Littlewood & Deborah O'Connor, Faculty Lead for Work Based learning MMU





Flexibility is key





GM Synergy can be used in any Practice Learning Environment - Practice Learning Environment, Skills Lab or Classroom



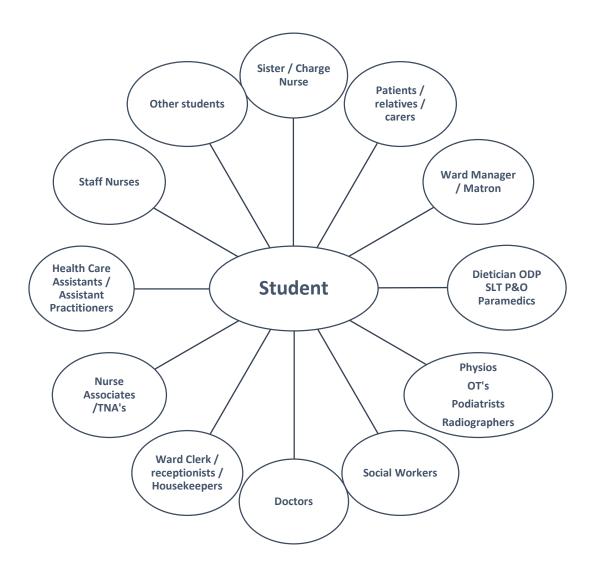
Many configurations of student supervision and facilitation of learning- 2:1, 3:1, group learning, 4:1, 8:1



Be brave - think big!

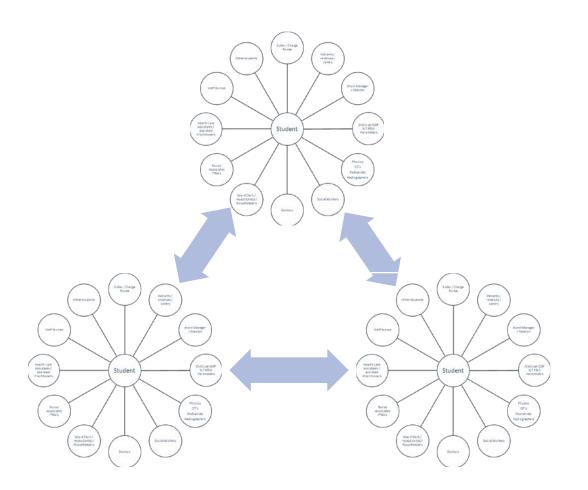
Learning with and from each other

Students learn from everyone that they come into contact with; the entire health care workforce plus patients and their relatives/carers on top of their own life experiences





Can you imagine the extent of learning if all that knowledge is shared....



Learning with and from each other



a) what needs to be doneimmediately to keep patient safe(falls risk assessment);

#### Multiprofessional Peer Learning

A nursing student and a student physio work together under supervision to carry out a stair's assessment on a single patient or bay of patients and work together to identify:



b) what needs to be organised in the next 24hrs– e.g. use of equipment;



c) what to consider for future care i.e. OT input.

GMSynergy

### **Clinic Based**

**Alternating patients** 

Split Morning / Afternoon sessions

Mixture of visits & clinics

Reflection of session by students and practitioner

Practitioner uses coaching conversations with students

Local area health project helps to inform assessment

1 practitioner plus 2-3 students in group session (rehab in gym etc)

- Student 1 sees patient A with practitioner
- Student 2 reviews case notes of patient B
- Student 2 sees patient B with practitioner
- Student 1 reviews case notes of patient C

- Student 1 sees patient C with practitioner
- Student 2 reviews case notes of patient D



3

Learning with and from each other

### Virtual Placement -TECs example



#### 1 practitioner plus 5-6 students+



Students experience a mixture of observing clinic sessions online with different clinical staff



Students plan subjective assessments with patients



All students work on a project as a team to deliver at the end of the placement

Day 1

Day 2

Day 3

## Community Based model

• Student 1 visits patients with practitioner

- Student 2 prepares for next days visits & starts local area health project
- Student 2 visits patients with practitioner
- Student 1 reviews previous days visits & starts local area health project

 Both students visit local area to discover factors affecting health

Learning with and from each other

## Supplementary Activities



# **Every Synergy** Learning with and from each other

## Participation in Service Delivery

Kevin Bayley, University of Manchester

Learning with and from each other

Students should:

- Engage with, deliver and potentially lead service delivery
- Build a relationship with the person receiving care, their families, carers and communities
- Be engaged as a team member and part of the wider healthcare team

GMSynergy

**Context**: Details of the student (year, profession, etc.), the area in which they are having the learning experience and details of their supervisor / coach

**Participation**: How the student is being involved in service delivery.

#### **GM** Synergy scenarios

**Coaching / Supervision**: Information about how the student is being supervised with details of where the supervision needs to be direct and where they can be more independent

**Peer learning:** Examples of how students can be supported to learn with and from each other, e.g. buddying up to deliver a service, discussion during shifts, groups facilitated by PEFs, etc.

Learning with and from each other

Ashleigh is a 3<sup>rd</sup> year midwifery student on her 2<sup>nd</sup> Birth Centre placement. Her coach / supervisor Gill has been a midwife for 6 years

#### GM Synergy scenario – Birth Centre



Learning with and from each other

#### Sarah is a final year podiatry student undertaking her final placement block. Her supervisor, Heather, has been a Podiatrist for 10 years.

Coaching /

Supervision

#### GM Synergy scenario – Podiatry

Sarah is leading a new patient assessment clinic. This involves performing a neurological and vascular assessment and reviewing the patient's medical history to determine their eligibility. Sarah will need to formulate a management plan which may include discharge.

Participation

Heather has discussed in detail the eligibility criteria and assessed Sarah's competence in formulating management plans. Heather and Sarah had a coaching conversation about delivering and communicating a management plan to support discharge and compliance for patients who are eligible.

As part of clinical supervision 4 students meet with their placement educator to discuss management planning and to do some role play surrounding communicating assessment findings, management plans and reasons for discharge.

Peer Learning

Learning with and from each other

GM Synergy scenario – Medical ward

Connie is a 2<sup>nd</sup> year student nurse on her first medical ward placement. Her practice supervisor / coach Neil has been a nurse for 4 years

Participation	Coaching / Supervision	Peer Learning
On this shift, Connie is one of 3 student nurses managing the care of 6 men in one bay. Connie is to care for two of the men specifically.	Neil has assessed Connie's competence and today they discuss the priorities for the shift. Neil directly supervises activities with which Connie is not yet confident and is available for questions and support throughout, e.g. Neil leads on the administration of IV medicine, directly supervises the administration of oral medicine and discusses other care on request	The 3 students meet with their coach at the start of the shift to discuss priorities and how they can support each other



## **PEFs and Clinical Educators**

Next Steps

Existing learning environment examples

How can we share good practice?



## Discussion

## How will you implement GM Synergy in your Learning Environment?

Learning with and from each other



- Thank you so much for attending and participating this afternoon
- We really look forward to working with you all
- For more information please visit our website
- http://hub.salford.ac.uk/gmsynergy/