

Overview: Working Through the Coaching Conversation Resource Pack (Part 2 Resource pack)

Time to complete- Approximately 10 minutes

This is a generic resource (reading, activities, reflective practice) that will support the development of learners coaching skills.

Working through the Part 2 Resource Pack

There are 10 sessions in this Part 2 resource with an approximated time frame to each session identified. Remember that this is a guide so time for completion may vary. You are advised to engage with Part 2 session 1 and its activities and then watch the video produced in Part 2 Session 2. The video in Part 2 session 2 takes you through all the skills that we feel you need to hold great coaching conversations with learners. Part 2 Session 2 also includes an optional webinar for you view.

Part 2 Sessions 3-10 are again optional, and we advise that you engage with these sessions if you feel that you need more practice or information about a specific coaching conversation skill introduced to you in the video in Part 2 session 2.

This coaching resource has been developed to provide all learners with tools and techniques to adopt a coaching approach to their practice learning role. We believe that coaching enables learners to unlock their own potential and achieve their personal and academic goals.

By engaging in a series of activities you will:

- Evaluate the potential for using coaching conversations with learners
- Review the most common coaching processes, tools and techniques
- Develop your coaching skills through a range of reflective experiences

Part 2 Session Coaching Topic Area

Session 1	Why Coaching Conversations – approximately 10 minutes to complete
Session 2	Introducing the Core Coaching Conversation Skills: video and webinar- approximately 90 minutes to complete
Session 3	Challenge and Support- approximately 15 minutes to complete
Session 4	Active Listening- approximately 15 minutes to complete
Session 5	Skill and Will – Coachability- approximately 15 minutes to complete
Session 6	Giving Feedback- approximately 40 minutes to complete
Session 7	Effective Questioning - approximately 15 minutes to complete
Session 8	Spectrum of Coaching Skills- approximately 15 minutes to complete
Session 9	GROW Model- approximately 30 minutes to complete
Session 10	Coaching Models in Clinical Practice - approximately 90 minutes to complete

Acknowledgments

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