



THIRD
SECTOR
IMPACT

Measuring impact.
Enhancing visibility

When voluntary work makes you sick

Dr. Daiga Kamerāde, Dr. Matthew R Bennett



PAID WORK

Source of income

Social contacts

Social position, identity

Activity, skill use

Collective purpose

Time structure

Latent deprivation model (Jahoda, 1982)
Agency theory (Fryer, 1986)

VOLUNTARY WORK

Unpaid

Social contacts

Social position, identity

Activity, skill use

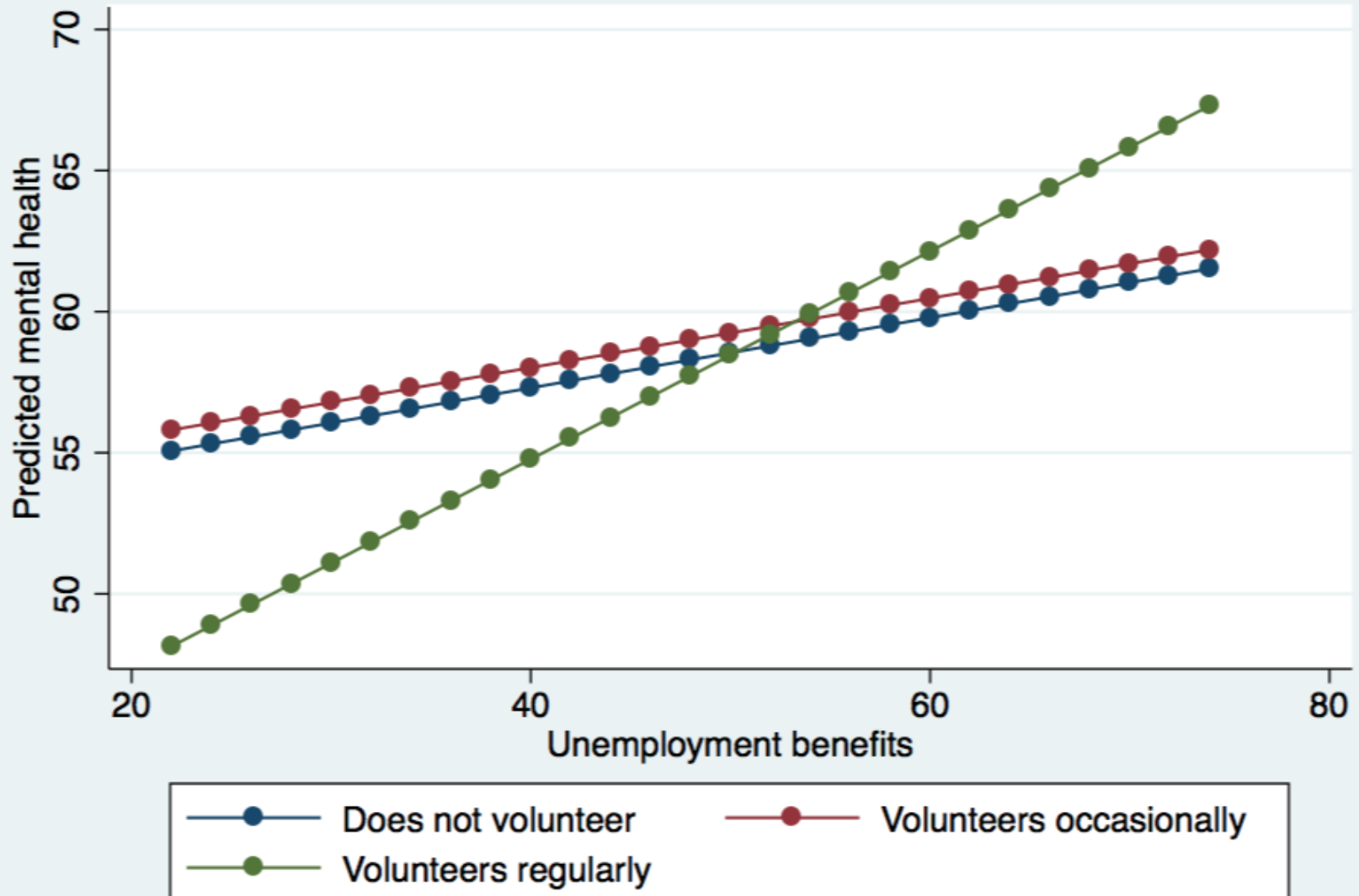
Collective purpose

Time structure

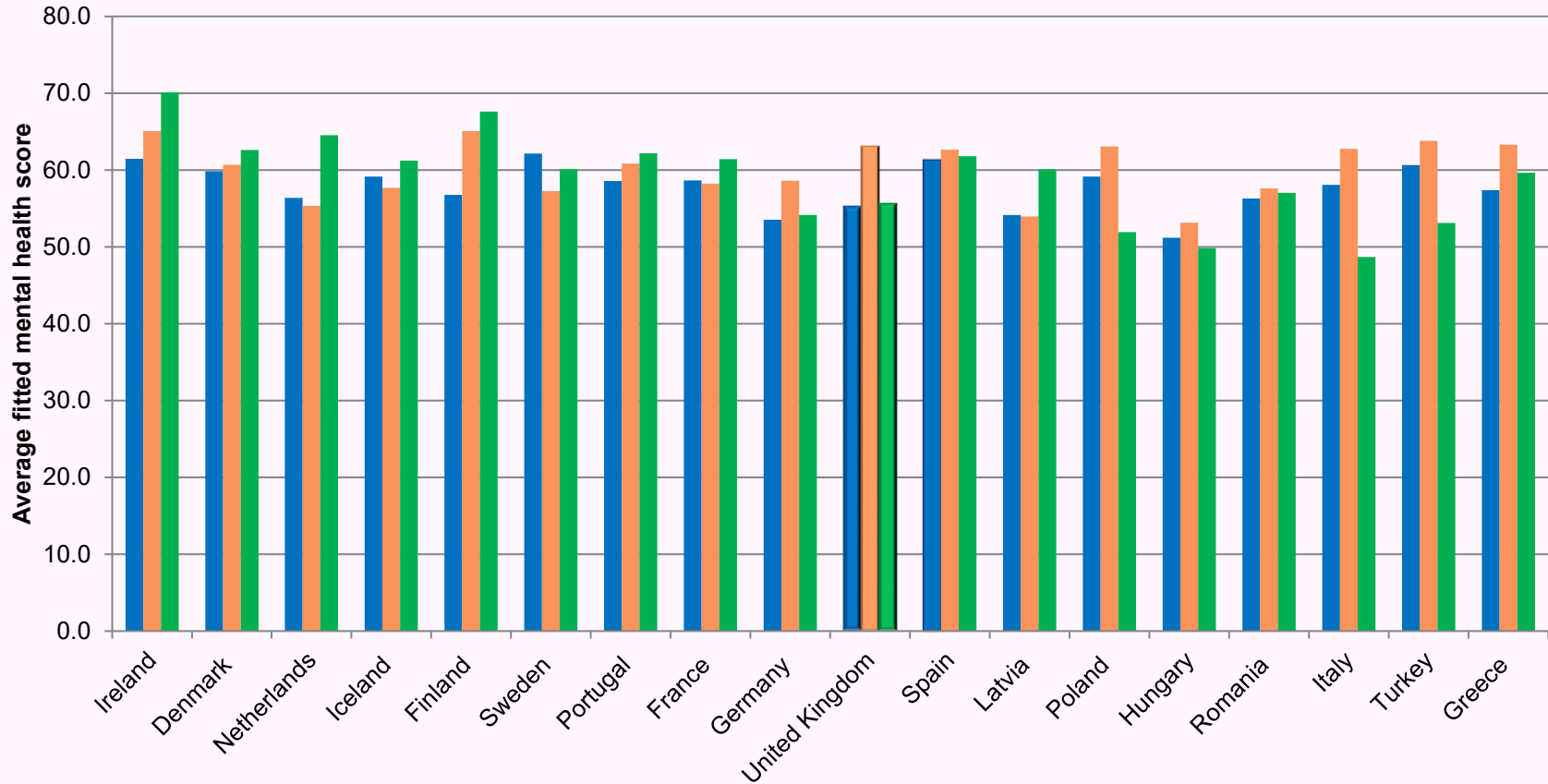
Qualitative studies
Volunteering and wellbeing studies

Welfare generosity and volunteering and mental health

Effect of unemployment benefits on mental health across levels of volunteer participation



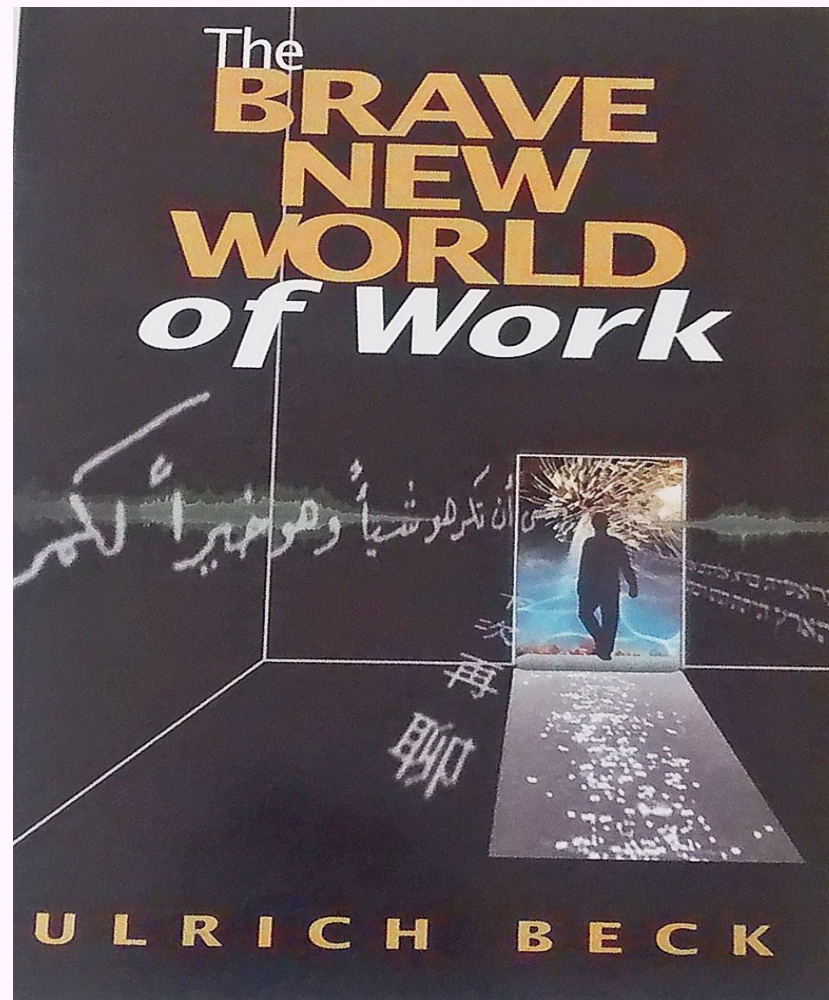
Volunteering while unemployed, unemployment benefit generosity and mental health



more generous - - - - - Unemployment benefit generosity - - - - - less generous

■ Never volunteer ■ Volunteer less than twice a month ■ Volunteer twice a month or more

Civil labour in a multi-activity society?



Kamerāde D and Bennett, MR 2017, 'Rewarding work : cross-national differences in benefits, volunteering during unemployment, well-being and mental health' , *Work, Employment and Society* . *Online First*.

<http://usir.salford.ac.uk/40992/>